



## DERMAL FILLERS PRE - TREATMENT INSTRUCTIONS

A few simple guidelines before your treatment can make a difference between a good result and a fantastic one.

- ⇒ Patient should be in good overall health. A full medical and dental history must be performed on all patients for optimal results.
- ⇒ If you develop a cold sore, blemish, or rash, etc. prior to your appointment you must reschedule.
- ⇒ If you have a special event or vacation coming up schedule your treatment at least 2 weeks in advance.
- ⇒ Let us know if you are prone to cold sores – a pre-operative medication may help prevent cold sores after treatment.
- ⇒ **NO** Aspirin, Motrin, Gingko Biloba, Garlic, Flax Oil, Cod Liver Oil, Vitamin A, Vitamin E, or any other essential fatty acids at least 3 days to 1 week **BEFORE** and **AFTER** treatment.
- ⇒ Discontinue Retin-A two (2) days **BEFORE** and two (2) days **AFTER** treatment.